

Analyst Education Program of the North Pacific Institute for Analytical Psychology

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i n f o r m a t i o n a l b r o c h u r e

The North Pacific Institute for Analytical Psychology is a non-profit educational corporation.

Located in Seattle, this organization is accredited by the International Association for Analytical Psychology. Their shared commitment is to foster education and research in the ideas of C.G. Jung and the general field of Analytical Psychology.

The Analytic Training Program

The Analytic Training Program of the North Pacific Institute is designed for experienced psychotherapists, clinical psychologists, and psychiatrists. Applicants must meet the special requirements of the Institute and the International Association for Analytical Psychology (IAAP). Our desire is to educate mature, conscious individuals who have been specifically affected by the work of C.G. Jung, and who wish to use his discoveries, as well as the rich variety of analytic thought, in the practice of psychotherapy and psychoanalysis. Sound standards and guidelines provide a container for quality education. On that basis, we intend to create a training atmosphere in which each candidate can develop in terms of his or her individual bent. We want to educate analysts who will become solid, contributing members of our community.

Qualifications for Application

The applicant must:

1. Be at least 30 years old.
2. Have completed at least 150 hours of personal analysis with a Jungian analyst who is a member of the IAAP. The bulk of the analysis should, preferably, have been with one analyst. During training, it is recommended that the candidate have some period of analysis at a frequency of twice or more a week.
3. Have been a legal resident of Washington, Oregon, or British Columbia for at least one year prior to application. He/she should have worked at least three years in his/her area of professional training, with a minimum of 1500 hours of supervised clinical experience.
4. Possess a legal license to practice psychotherapy in the geographic area of professional practice. Certification is required for counselors practicing in Washington. A masters degree in a clinical discipline or in pastoral counseling is a minimal requirement for all applicants.
5. Show proof of Professional Liability Insurance in the minimal amount of \$1,000,000/\$3,000,000. Such coverage must be maintained throughout training.

The aim of the Analytic Training Program is to prepare qualified persons to become certified Jungian analysts.

The Institute does not grant degrees nor provide equivalents to degrees nor the legal right to practice psychotherapy or psychoanalysis. Applicants must agree not to designate themselves Jungian analysts until they are accepted as members of the IAAP. (Membership in a local Society automatically confers IAAP membership.)

Transfer Applicants

Transfer applicants will have to apply on an equal basis with other applicants. A letter of recommendation from the former Director of Training is required. There will be no advance status or accelerated program for applicants who have attended another Institute. Such applicants, if accepted into our program, must expect to progress through the same requirements for advancement as other candidates.

Application Procedure and Interviews

Motivation to become an analyst should stem from the core psyche of an individual who has been fully engaged in his or her personal analysis. Prior to application, it is crucial that the person has reached a level of psychological development that will minimize the possibility of personal complexes interfering with the educational process. Individuals considering application should discuss their possible application with the personal analyst. Entry into the training program at the wrong time can have an adverse effect on the analysis, and upon the psyche in general. The length of training is usually five or more years.

1. The applicant should submit a completed application, including all requested documentation, information, and letters of reference, on or before the deadline .

2. After the deadline has passed, all the applications will be evaluated. Some applicants will be invited to continue in the admission process through group interviews.

3. If not admitted to the Training Program, an applicant may re-apply in the future. The conditions for re-application will be the same as for a new application. Feedback regarding reasons for not being admitted into the Program is not normally given. There are generally more qualified applicants than can be accepted, and the criteria are somewhat relative to the cohort applying at a particular time.

The Training and Certifying Committee of NPIAP

This Committee is normally made up of three or more persons elected by the membership of NPIAP. The President of NPIAP may participate as an ex-officio member. Final decisions about normal policies and procedures, as well as advancement in the program, are the responsibility of the Training and Certifying Committee. Many of these decisions and responsibilities will be delegated to specific sub-Committees. Appeals from these decisions may be made only under the official by-laws of NPIAP. The Training and Certifying Committee or an appointed sub-committee thereof, will meet with every Candidate at least once a year for purposes of evaluation.

The Director of Training

This individual is responsible for the ongoing administration of the educational program, in regular consultation with the Training and Certifying Committee of NPIAP of which he/she is a member. In order to support their education experience, he/she will be available for regular consultation with Candidates individually or as a group.

The Curriculum

1. Seminars:

The first three years of study will involve regular seminars and colloquia planned by the Training and Certifying Committee. These will meet for a minimum of sixteen hours per month (during the academic year). The location will be in the Greater Seattle area (Tacoma to Mount Vernon), and will be held weekly on Friday evenings and Saturday mornings.

The course of studies will focus upon basic topics of Jungian psychology such as its history and evolution, complex theory, structure and dynamics of the psyche, psychopathology from a Jungian perspective, transference and counter-transference, dream interpretation, active imagination, and the individuation process. Additional topics include "post-Jungian" analytical psychology, alchemy, fairy tales, anthropology and cross-cultural studies, mythology and folklore, the religious function of the psyche, comparative religion, developmental and object relations schools, psychoanalytic self psychology, and interpersonal theories. These topics can only be partially covered in specific seminars. The individual Candidate is ultimately responsible for acquiring the

knowledge expected of an analyst. Candidates are encouraged to seek individual guidance and consultation with faculty in areas of need or special interest.

The fourth year of seminars is elective and will be planned by the Candidate group in consultation with the Director of Training and the Training and Certifying Committee. This will provide an opportunity for the group to deepen knowledge in special areas of interest or need.

2. Clinical colloquia:

Led by various Core Faculty, these will meet weekly during the academic year and continue throughout the entire program. They will emphasize case presentations and reading of clinically-related materials. Location may be the same as, or differing from, the seminars.

3. Clinical Supervision:

Candidates will be in individual supervision throughout the program, as specifically described below in Stages of Training.

4. Group Process

At regular intervals, meetings will be arranged with an outside group leader to foster consciousness of the group's dynamics. This expense is covered in the tuition.

Faculty

1. Core Faculty

The Core Faculty will be comprised of Jungian analysts who are members of NPIAP. The supervisors and many of the seminar leaders during the first two years of study

will be Core Faculty. In addition to meeting educational goals, this will provide an opportunity for candidates and NPIAP members to become better acquainted.

2. Adjunct Faculty

Qualified Jungian analysts or other academically qualified individuals will be invited to become Adjunct Faculty. Adjunct Faculty will teach selected seminars. With the approval of the Training and Certifying Committee, some may also be available for supervision after the second year of training.

3. Guest Faculty

From time to time, individuals with special knowledge and expertise may be invited to teach workshops or seminars.

Personal Analysis

Personal analysis is at the core of preparation to become an analyst, and should continue throughout the training program. At least 300 hours of personal analysis must be completed during the program, in addition to the hours completed prior to admission.

The Candidate is responsible to his or her individual analyst for the usual and customary fees involved.

The personal analyst is excluded from voting or providing any reference or evaluation, written or verbal, regarding acceptance into the program, passage from one stage to another, the granting of the diploma, admission to membership in the Society, or any other decision-making role.

Training

After acceptance by the Admissions Committee and the Membership of NPIAP, accepted applicants become Training Candidate Members of the Institute. Movement from one stage of training to another is not automatic or guaranteed. After conferring with the Training Director, the Candidate must apply in writing to the Training and Certifying Committee for advancement. It will then be discussed with the individual during the next regular evaluation interview — most commonly held toward the end of the academic year. These annual meetings with evaluation committees are meant to assess the personal and professional growth of the candidate. Reports from seminar and colloquia leaders are important parts of this process.

1. Candidacy Stage

During this stage, participation in colloquia, seminars and individual supervision is required. At least 25 hours per year of supervision are required. The supervisor must be approved by the Training Director and the Training and Certifying Committee.

Requests for a specific supervisor must be made to the Training Director.

Qualifying Examination

At the completion of the second year of seminars, the Candidate will have a personal interview with the members of the Training and Certifying Committee to assess his or her readiness to take the Qualifying Examination for passage to the Control Stage. The Qualifying Examination consists of a written examination and an oral examination on the basic theoretical and

clinical aspects of Analytical Psychology. There will be one guest examiner invited for the oral examination. A fee will be required. The Candidate will be informed within one week of his/her success or failure of the examination.

2. Control Stage (Advanced Candidacy)

“Control work” is supervision of the Candidate's analytic cases by Senior Analysts (analysts who have been members of the IAAP for five or more years). When the Candidate has a case or cases suitable for such advanced work, he or she should notify the Training and Certifying Committee, along with the tentative choice of Control Analyst, if known. The Control Analyst must be approved by the Training Director and the Training and Certifying Committee. If requested, the Committee will provide a list of eligible Senior Analysts to the Candidate.

Requirements for Certification

There must be at least two control cases, one male and one female. Prior to final certification, the case presented must have been seen for a minimum of 200 hours. It is recommended that part of this work be at a frequency greater than once per week. Control supervision should total at least 150 hours. More than one Control Analyst may be seen concurrently.

Before applying for final evaluation leading to certification as a Jungian analyst, the Candidate must:

1. Complete the Control work as described above and verify that the above requirements for control cases have been met.

2. Have completed 450 hours of personal analysis, including 150 hours prior to admission.

3. Apply to the Training and Certifying Committee in writing for a final evaluation for certification as a Jungian Analyst.

If the request is accepted, a date will be set for evaluation for graduation from the program. These examinations are held once or twice a year. There is a fee to cover the time of the Committee members, and the expenses of the guest examiner(s). The Candidate must submit a case study of no more than 70 pages, double-spaced. Copies must be sent to each Committee member and any invited guest examiner(s). These must be received at least 30 days prior to the meeting. A thesis or a theoretical paper may also be required.

The evaluation will be a two hour meeting centering around the case study. However, discussion may focus upon any clinical or theoretical areas of analytical psychology. The ability to apply Jungian concepts to clinical work, capacity to handle symbolic material, knowledge of transference and counter-transference issues, and the development of a personal style of analysis are some of the common foci. Personal qualities of consciousness, including knowledge of one's blind spots, are very important.

The Candidate will be informed within 24 hours whether he/she has passed or failed the exam, or whether the Committee decides that further requirements must be met prior to graduation. If there is a positive vote by a 2/3 majority of the Training and Certifying Committee, the diploma will be granted.

To become a fully-recognized Jungian analyst, one must

belong to the International Association for Analytical Psychology. IAAP membership is possible only through membership in a local Society. To that end, written application must be made after graduation to North Pacific Institute of Analytical Psychology, or to another accredited Society. Membership in NPIAP is normally granted to graduates of the North Pacific Institute. Other Institutes have varying criteria for membership.

Leave of Absence

If there is a compelling reason, either the Candidate may request or the Institute may suggest a Leave of Absence for the Candidate. Request must be made in writing to the Training and Certifying Committee. Recommendation of the Training Director is normally necessary. The Committee will inform the Candidate of the decision, along with any terms and conditions. The Candidate is responsible for yearly fees while on Leave of Absence.

There will be an annual evaluation of any Candidate on a Leave of Absence, although he or she may request such evaluation at any time. Readmission to the program is not guaranteed, and is dependent upon the judgment of the Committee regarding suitability for continuation in the Training Program.

Probation

In the event a Candidate is having significant psychological, ethical, academic, or other difficulties, the Training and Certifying Committee has the right to place the individual on probation.

Dismissal

If a Candidate, in the judgment of the Training and Certifying Committee, fails to meet its academic, professional, ethical, or psychological standards of NPIAP, the Committee may recommend to the membership that he or she be dismissed as a Candidate of the Institute. A 2/3 vote of the membership of NPIAP is necessary to dismiss a Candidate.

General Information

Numerical fulfillment of hours required for admission to the Training Program, or advancement from one stage to another, does not oblige the Admissions Committee or the Training and Certifying Committee to accept an applicant into the Program or advance a Candidate in the Program.

Finances

Analytic training is demanding financially, as it is in other ways.

Application fees, tuition fees, and examination fees are reviewed annually by the Training Director and Treasurer, in consultation with the Training & Certifying Committee. The tuition covers all the usual educational, administrative, and evaluative functions of the Training Program. *It does not include the costs of personal analysis and supervision, or special exam fees (i.e., the exam prior to the control stage and the final certification exam).*

A Candidate is required to keep current on all fees, which must be paid at least quarterly. Advancement from one

